

From cold-atom polaron to nuclear physics:

---Alpha clusters in neutron matter---

Eiji Nakano (Kochi U.)

w/ Hiroyuki Tajima (U. Tokyo), Kei Iida (OUJ), Wataru Horiuchi (Osaka Metr. U.),
and Hajime Moriya (Hokkaido U.)

[arXiv:2106.14469](#); [arXiv:2207.13907](#);

[arXiv:2304.00535](#); [arXiv:2310.19422](#); [arXiv:2408.15043](#)

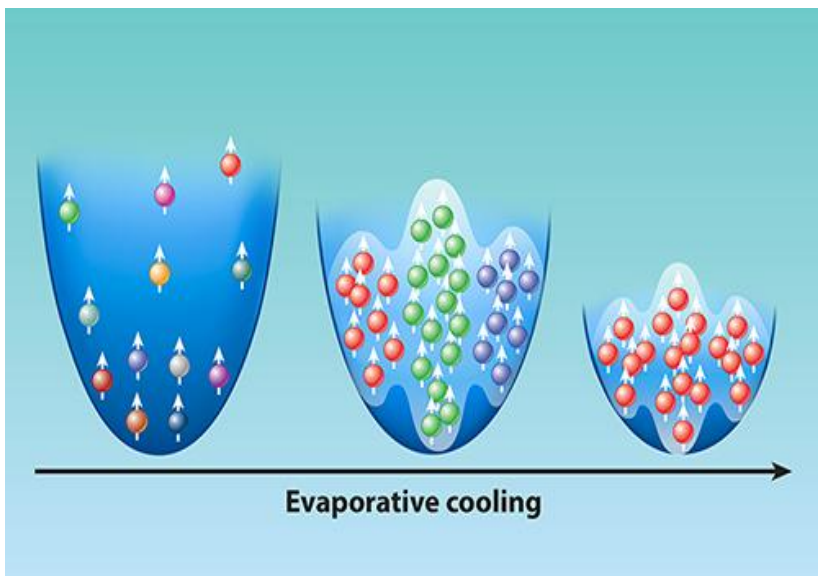
@ TNP2026, 宜蘭, on 21 Apr 2026

contents :

- ① Quick view of Cold-atom system
- ② Cold-atom polarons
- ② Polaronic Alpha(^4He nuclei) particle
- ③ ^4He (Alpha), ^8Be , and $^{12}\text{C}^*$ (Hoyle state) in cold neutron matter
- ④ Summary

Quick view of cold-atom system (all most everything at will)

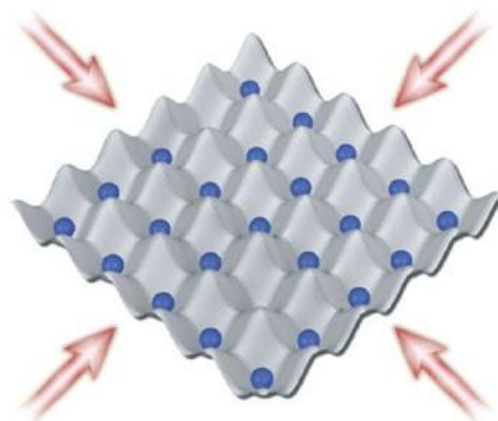
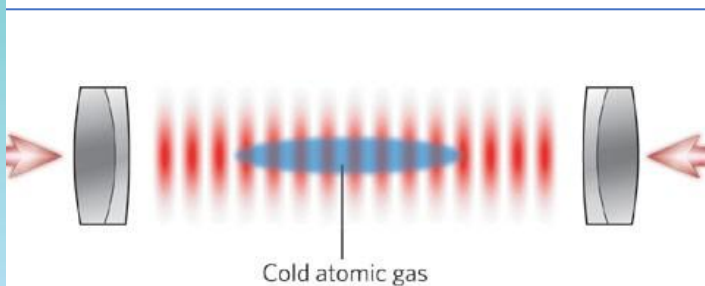
Cooling down to degeneracy



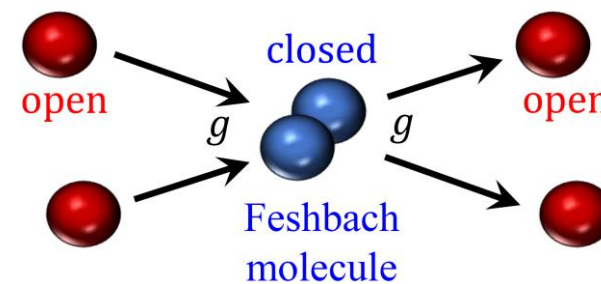
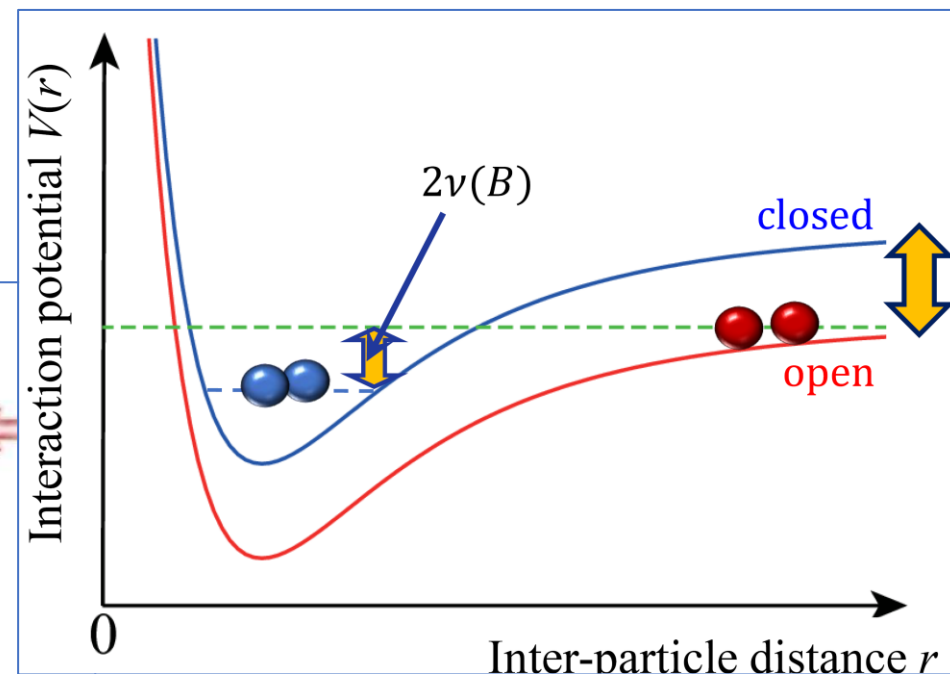
APS viewpoint(2021), C. Mishra

Nature(2008), I. Bloch

Trap geometry



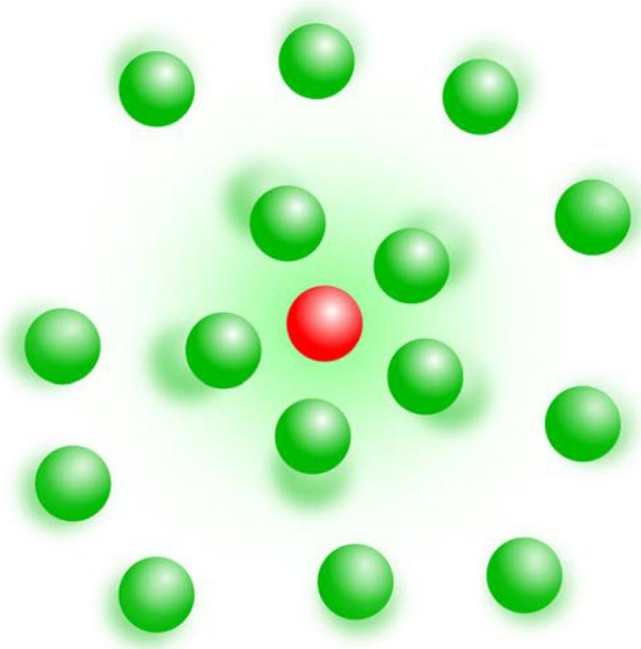
Atom-atom interaction



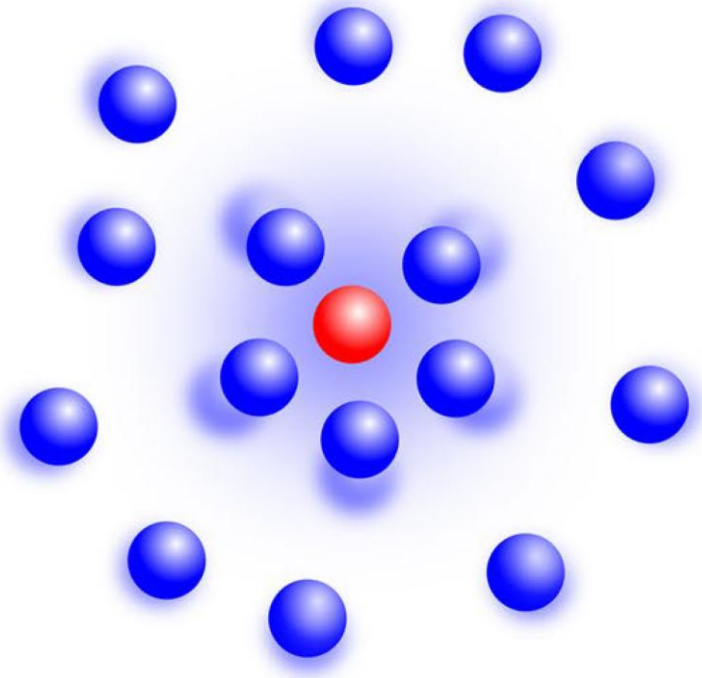
by H. Tajima

Cold-atom polarons (two categories):

Bose polaron (Impurity atom in **BEC**)

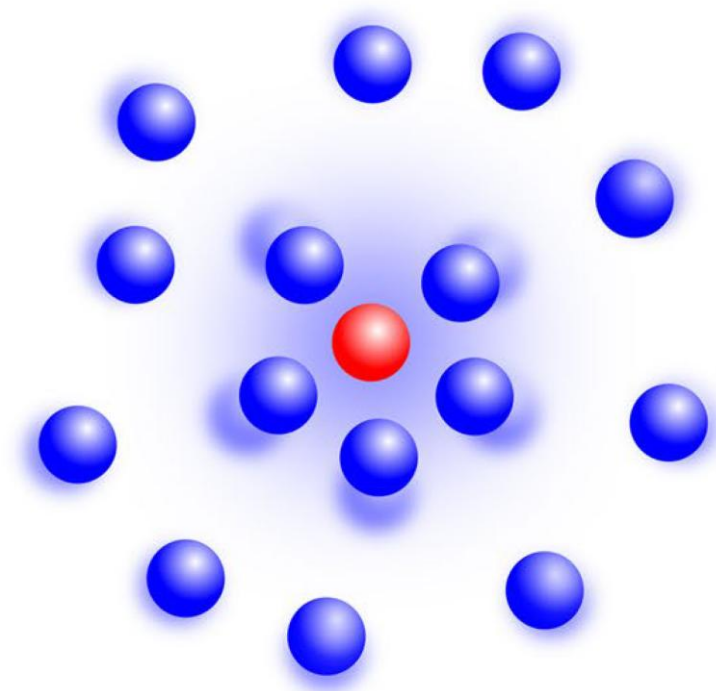


Fermi polaron (Impurity atom in **Fermi sea**)



Cold-atom polarons = impurity atoms (very dilute gas) dressed
by $p-h$ cloud (polarization) in degenerate medium (BEC or Fermi sea)

Fermi polaron



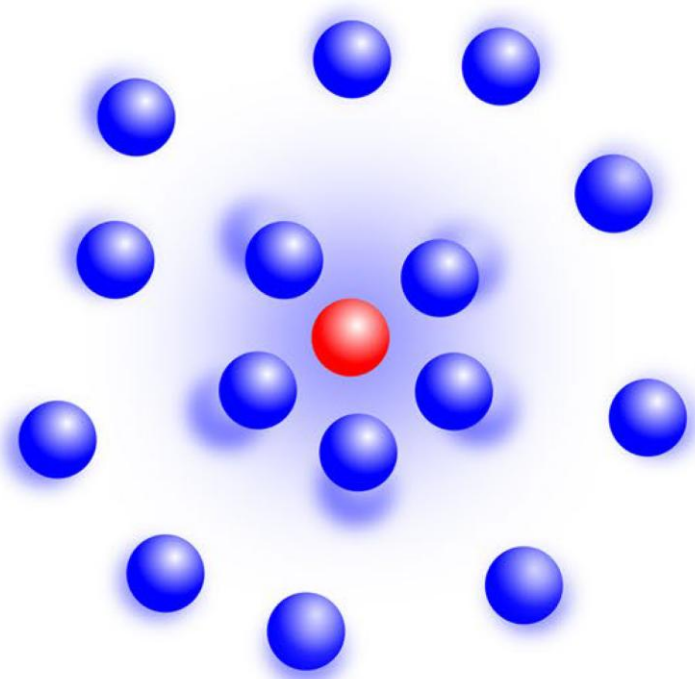
Alpha particles in Neutron Fermi sea

(=**Polaronic Alpha particle**)

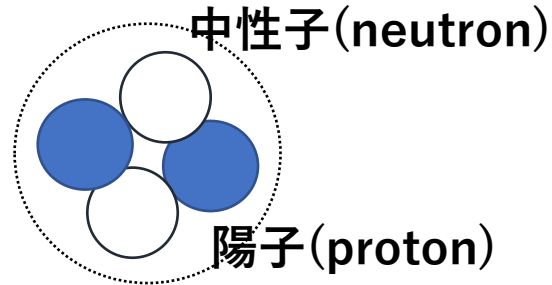


Mapping

using EFT
developed
for cold-atom polarons



Alpha particle (${}^4\text{He}$ nuclei) : Why interesting ?

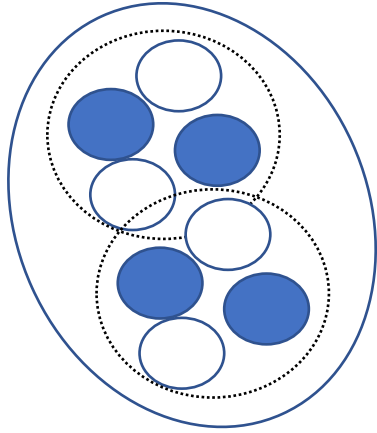


**Binding energy ~ 7 MeV/nucleon \Rightarrow very stable nuclear cluster
(effective DoF)**

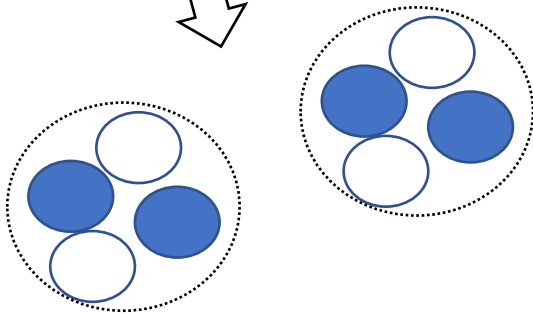
- Alpha decay (**in vacuum**)
- Surface in light neutron-rich nuclei (**in 'medium'**)
- Inside neutron star/supernova (**in medium**)
w/other light clusters: Deuteron, Triton, *etc*

Alpha particles (clusters) in vacuum

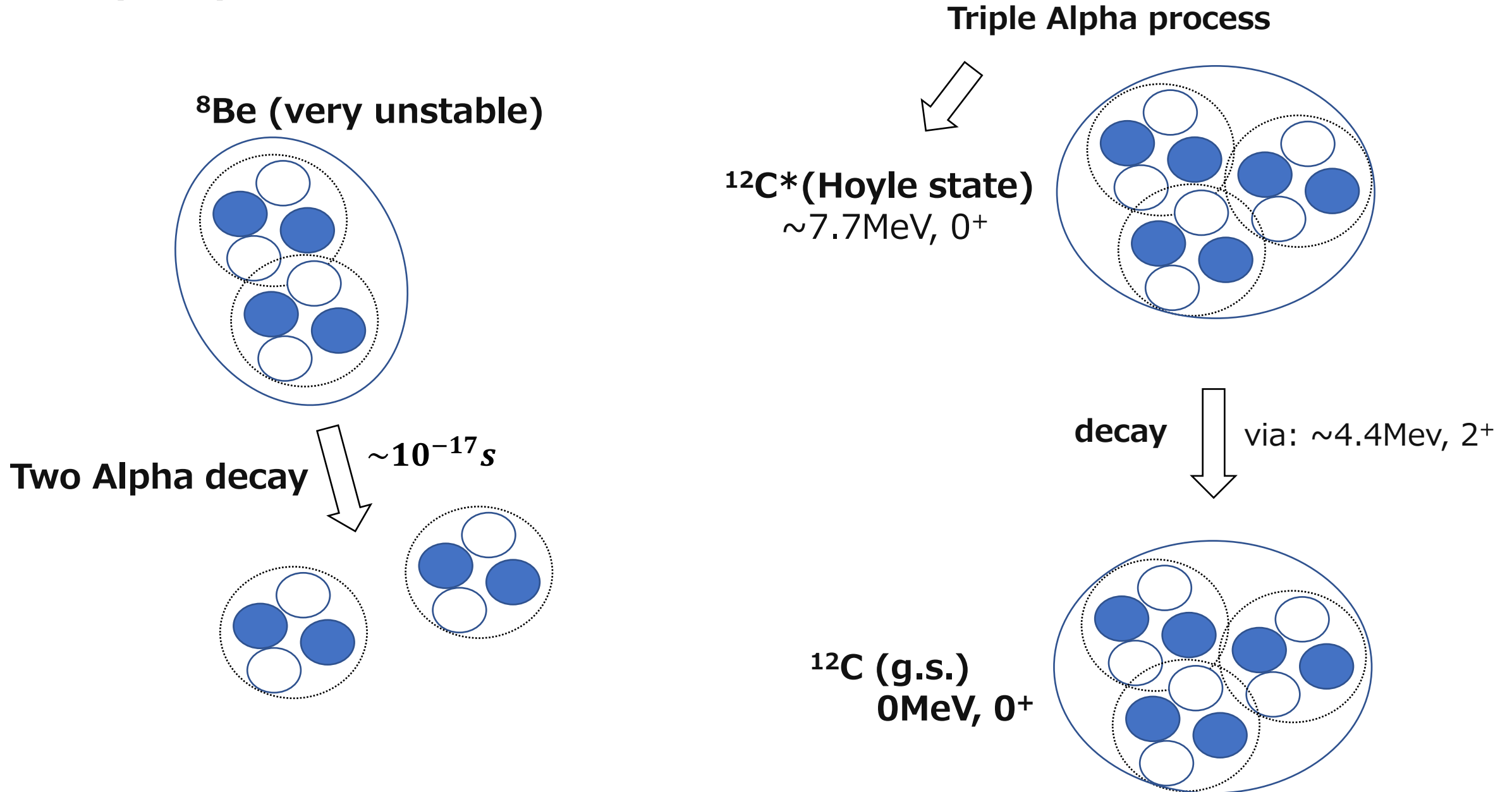
^8Be (very unstable)



Two Alpha decay $\sim 10^{-17} \text{ s}$

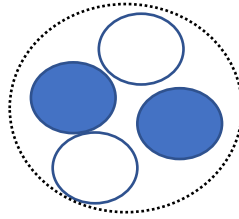


Alpha particles (clusters) in vacuum

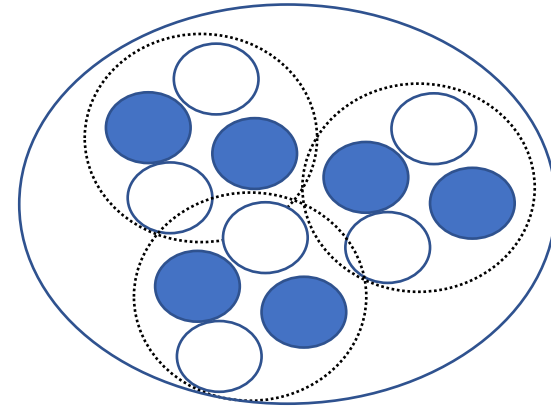


What up if Alpha particles put in cold dilute neutron matter?

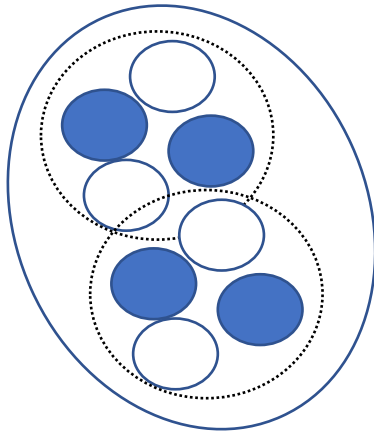
${}^4\text{He}$ (Alpha)



${}^{12}\text{C}^*$ (Hoyle state)



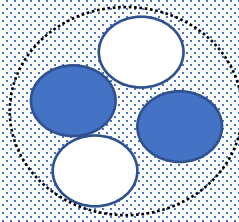
${}^8\text{Be}$



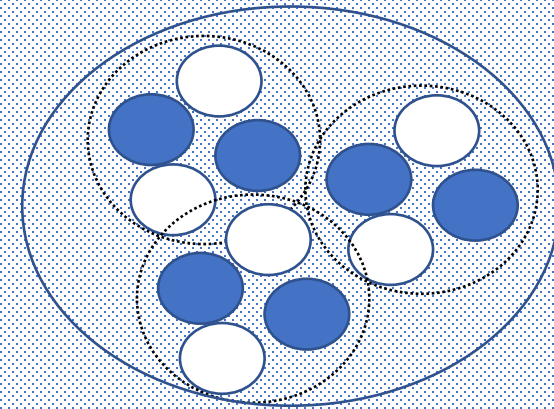
In Vacuum

What up if Alpha particles put in cold dilute neutron matter?

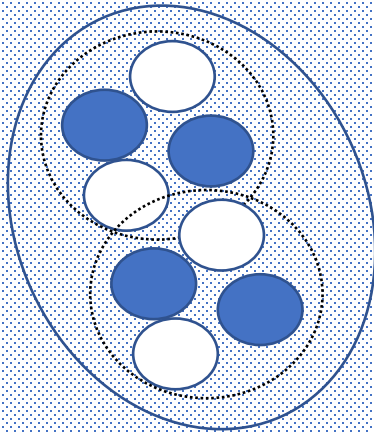
${}^4\text{He}$ (Polaronic Alpha)



${}^{12}\text{C}^*$ (Hoyle state) ??



${}^8\text{Be}$??



In Cold Dilute Neutron Matter

Low-Energy Effective Hamiltonian for Alpha-Neutron system:

$$H(x) = \underbrace{\sum_{s,p} \frac{p^2}{2m} a_{s,p}^\dagger a_{s,p}}_{\text{Alpha part}} + \underbrace{\frac{1}{2} \sum_{q,q',p,s,t,s',t'} a_{t',q'-p}^\dagger a_{s',q+p}^\dagger a_{s,q} a_{t,q'} \tilde{V}_{s't'st}(p)}_{\text{Neutron part}}$$

$$- \underbrace{\frac{\nabla_x^2}{2M}}_{\text{Alpha part}} + \underbrace{\sum_{p,q,s} g a_{s,p}^\dagger a_{s,q} e^{-i(p-q)x}}_{\text{Neutron-Alpha interaction}},$$

LS equation for S-wave scattering length :

$$g^{-1} = \frac{m_r}{2\pi\hbar^2 a} - \sum_p \frac{2m_r}{p^2} \quad m_r^{-1} = m^{-1} + M^{-1}$$

Parameters determined from low-energy neutron-alpha scattering data

Neutron- Alpha scattering data analysis:

phase shifts vs energy:

Progress of Theoretical Physics, Vol. 61, No. 5, May 1979

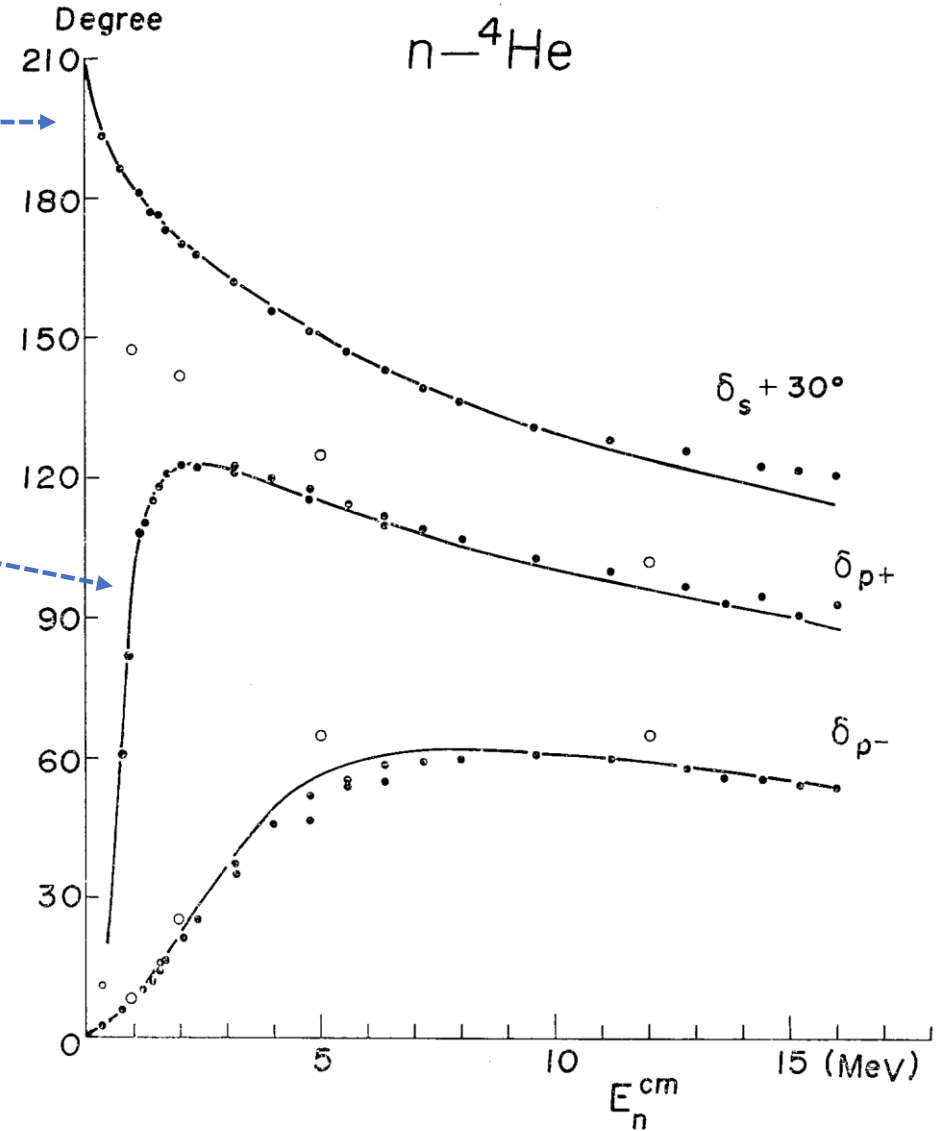
Microscopic Study of Nucleon-⁴He Scattering and Effective Nuclear Potentials

Hiroyuki KANADA, Tsuneo KANEKO, Shinobu NAGATA* and Morikazu NOMOTO

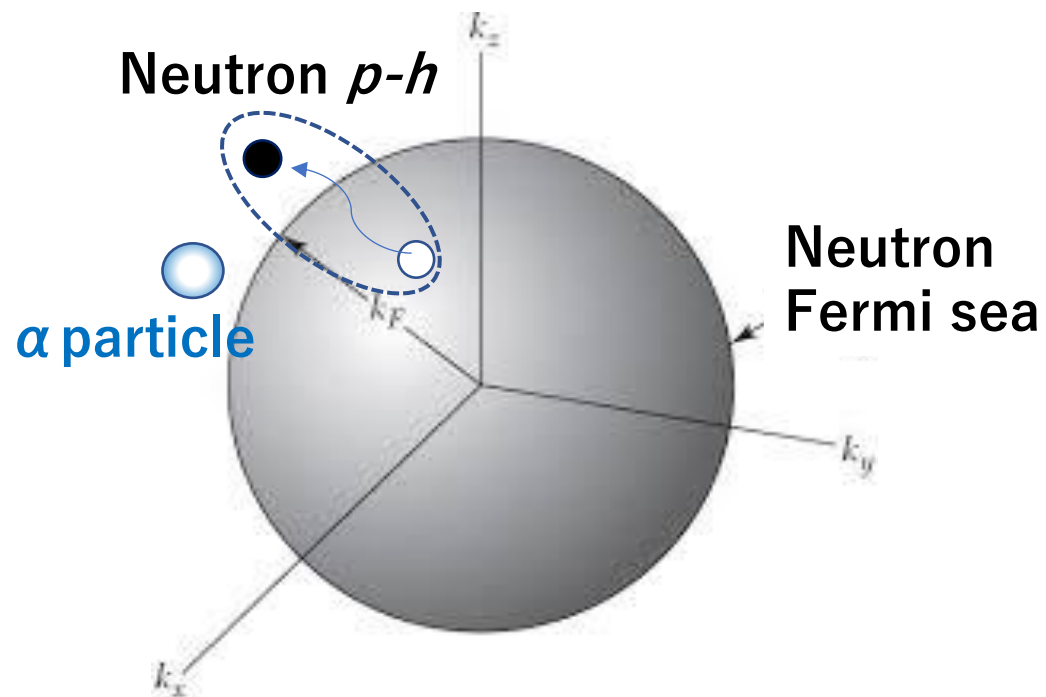
S-wave →

P-wave (P3/2) resonance →

EFT with S-wave is limited
by Neutron Fermi energy < P-wave resonance:
 $k_F < 0.25 \text{ fm}^{-1} \rightarrow \rho < 0.003\rho_0,$



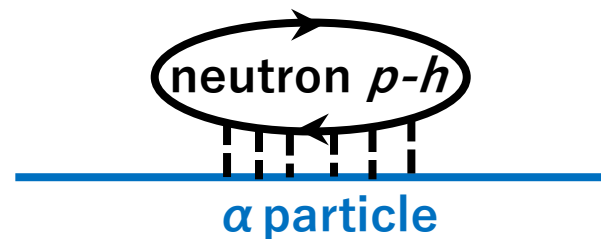
Single Polaronic Alpha particle:



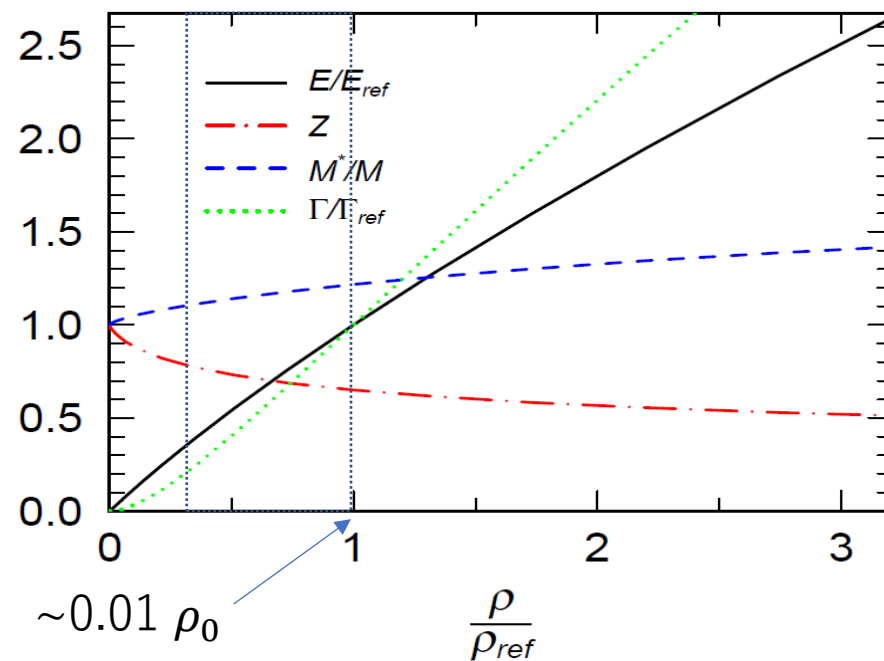
Quasi-particle properties:

- Effective mass increase
- Small width \Rightarrow good quasi-particle pic.

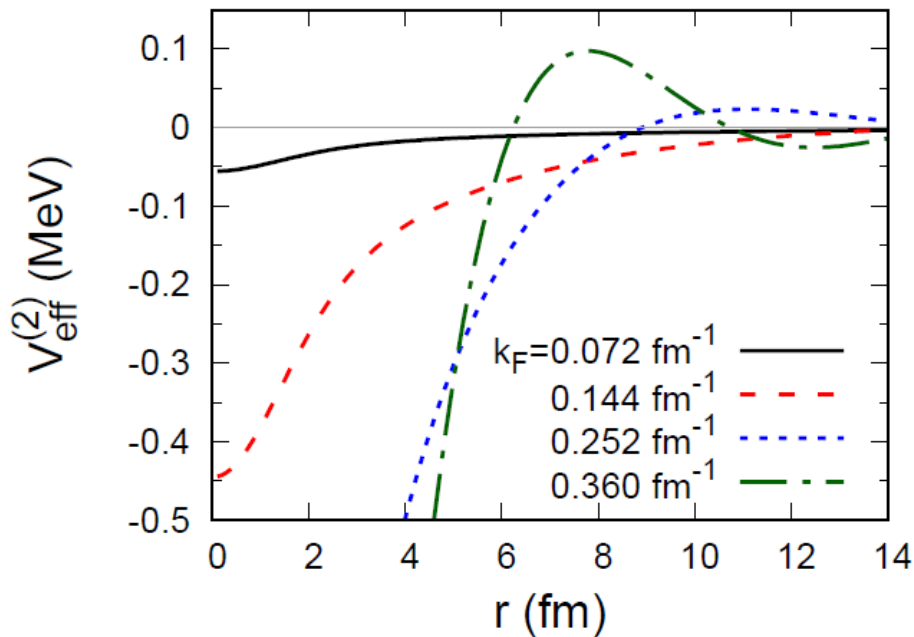
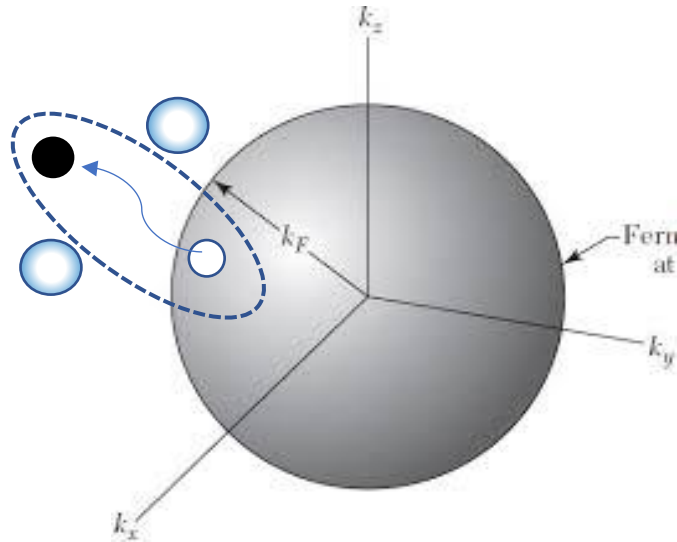
Self-energy with medium effects



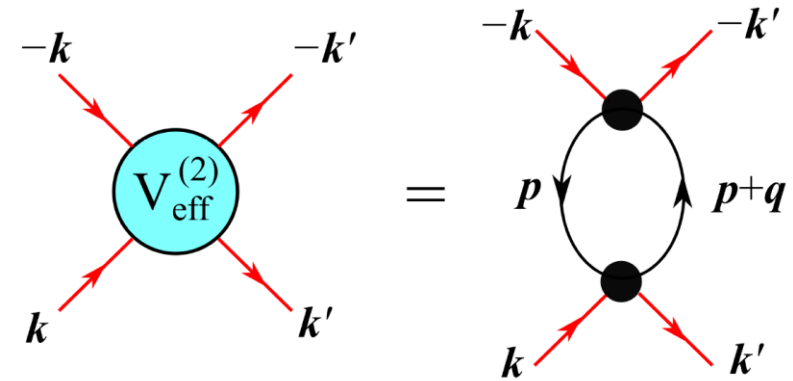
$$G^R(\omega, P) = \frac{1}{\omega + i0 - \frac{P^2}{2M} - \Sigma(\omega + i0, P)} \sim \frac{Z_P}{\omega - E_P + i\Gamma_P}$$



Two polaronic Alpha particles:



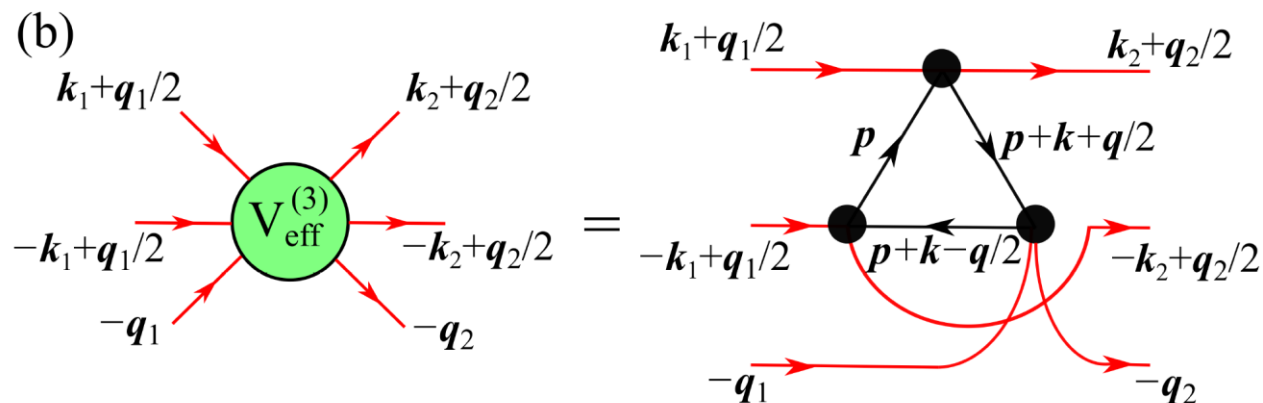
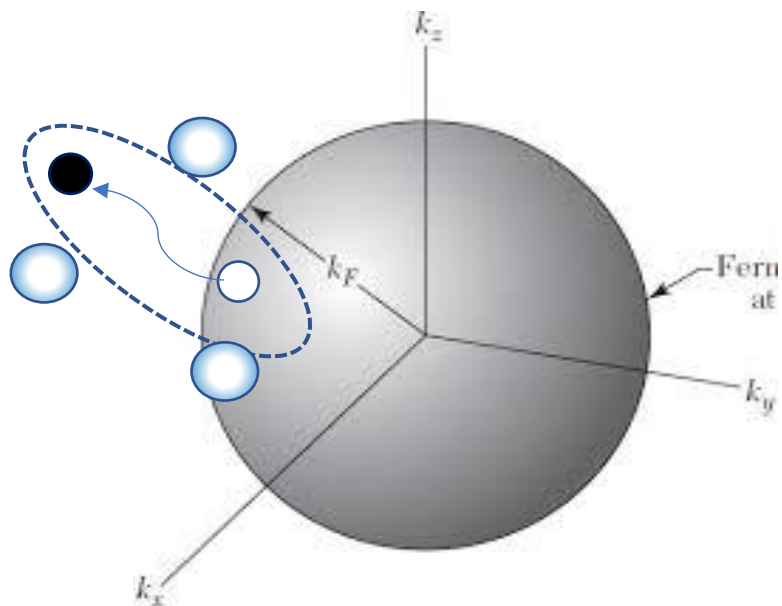
Medium-induced (RKKY type) two-body force (mostly attractive):



$$V_{\text{eff}}^{(2)}(\mathbf{r}_1, \mathbf{r}_2) = \frac{m}{8\pi^3 \hbar^2} \left(\frac{2\pi \hbar^2 a}{m_r} \right)^2 \times \frac{(2k_F r) \cos(2k_F r) - \sin(2k_F r)}{r^4},$$

Three polaronic Alpha particles:

Medium-induced (3-particle irreducible) α 's three-body force (weakly repulsive)



$$V_{\text{eff}}^{(3)}(\mathbf{k}, \mathbf{q}, i\nu_\ell, i\nu_u) = 2 \left(\frac{2\pi\hbar^2 a}{m_r} \right)^3$$

$$\times T \sum_{\sigma=\uparrow,\downarrow} \sum_{\mathbf{p}, \omega_n} G_\sigma(\mathbf{p}, i\omega_n) G_\sigma(\mathbf{p} + \mathbf{k} + \mathbf{q}/2, i\omega_n + i\nu_\ell)$$

$$\times G_\sigma(\mathbf{p} + \mathbf{k} - \mathbf{q}/2, i\omega_n + i\nu_\ell - i\nu_u),$$

What called ??

Application of polaronic α particles to ${}^8\text{Be}$ and ${}^{12}\text{C}^*$ (Hoyle state):

Orthogonality condition model

for two-body and three-body calculations: by Moriya and Horiuchi

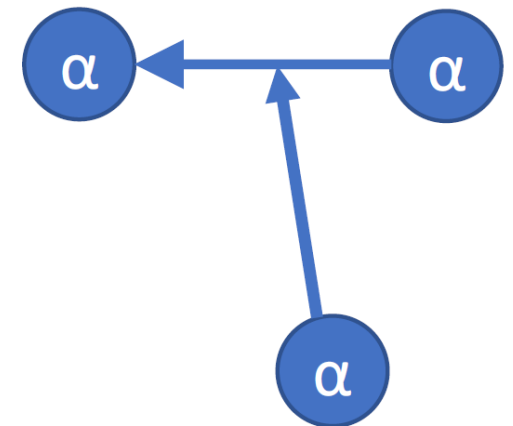
$$H = \sum_i \frac{p_i^2}{2M^*} - T_{\text{cm}} + \sum_{i>j} \left(V_{\alpha\alpha} + V_{\text{Pauli}} + V_{\text{eff}}^{(2)} \right) + V_{\alpha\alpha\alpha} + V_{\text{eff}}^{(3)}$$

*C. Kurokawa, K. Kato, Phys. Rev. C **71**, 021301 (2005)

*C. Kurokawa, K. Kato, Nucl. Phys. A **792**, 87-101 (2007)

$$V_{\text{Pauli}} = \gamma \sum_{nlm \in f} |\phi_{nlm}(ij)\rangle \langle \phi_{nlm}(ij)| \quad f = \{0S, 1S, 0D\} \quad \gamma = 10^5$$

*V. I. Kukulin, and V. N. Pomenertsev, Ann. Phys. (N. Y.) **111**, 330 (1978)



Two-body, Three-body Schroedinger equations for relative coordinates : solved with Gaussian wave basis

$$\Psi^{(k)} = \sum_{i=1}^K C_i^{(k)} \bar{G}(A_i, \mathbf{x}) = \sum_{i=1}^K C_i^{(k)} \mathcal{S} \exp\left(-\frac{1}{2} \tilde{\mathbf{x}} A_i \mathbf{x}\right)$$

\mathbf{x} : coordinates except for CoM

$$\sum_{j=1}^K H_{ij} C_j^{(k)} = E^{(k)} \sum_{j=1}^K B_{ij} C_j^{(k)}$$

$$H_{ij} = \langle \bar{G}(A_i, \mathbf{x}) | H | \bar{G}(A_j, \mathbf{x}) \rangle$$

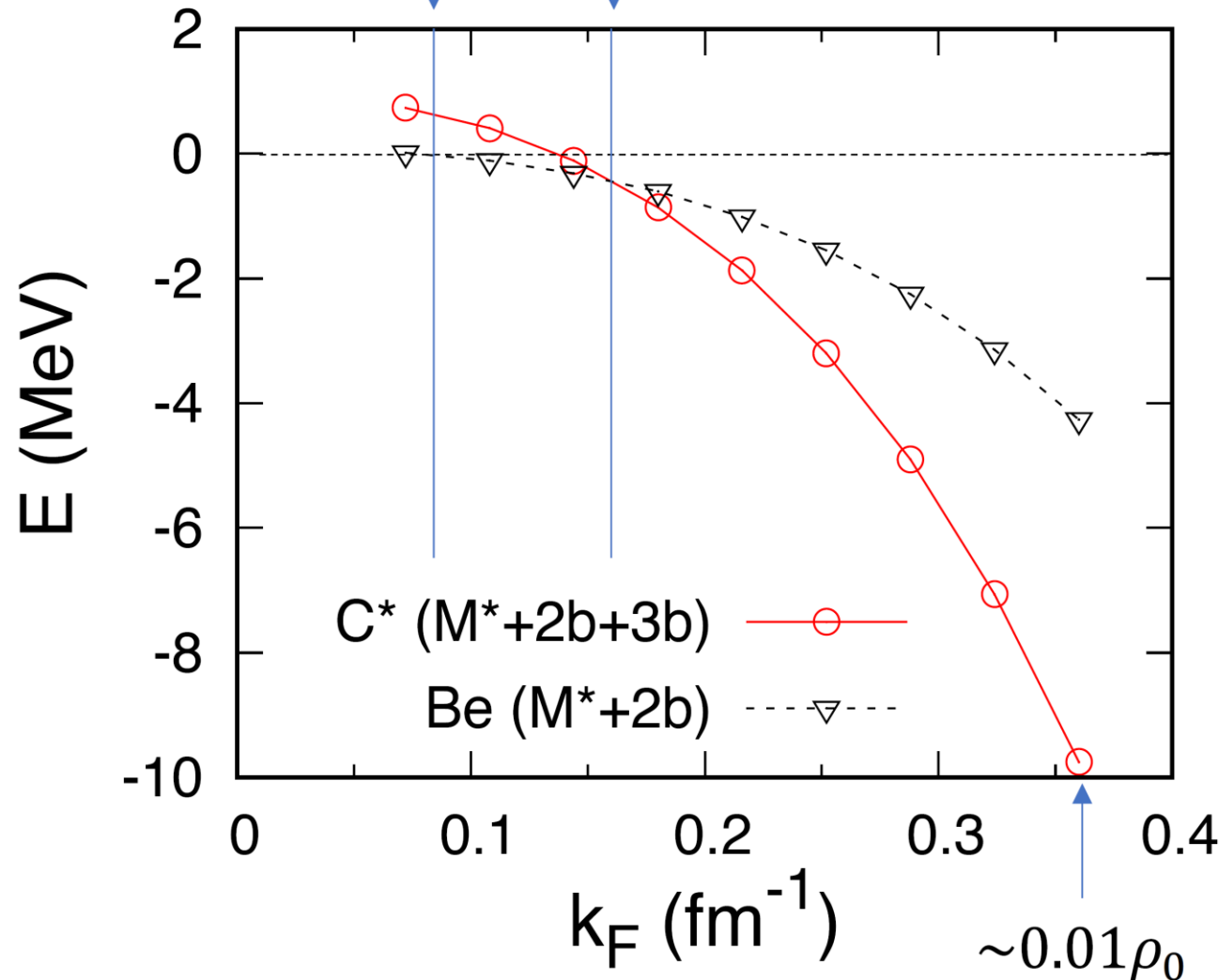
$$B_{ij} = \langle \bar{G}(A_i, \mathbf{x}) | \bar{G}(A_j, \mathbf{x}) \rangle$$

- ① variation method for ground state
- ② orthogonalization \Rightarrow excited states

Numerical results: In-medium ^8Be and ^{12}C (Hoyle state) energy vs Neutron Fermi momentum

$$k_F = 0.08 \text{ fm}^{-1}$$
$$\rho \sim 10^{-4} \rho_0$$

$$k_F = 0.16 \text{ fm}^{-1}$$
$$\rho \sim 10^{-3} \rho_0$$



Stabilized due to
Enhanced mass and
Two-body Attraction

Summary:

- **Polaronic Alpha in dilute neutron matter:**
good quasi-particle with $M^*/M > 1$

- **Two- and Three-body Polaronic Alpha's**

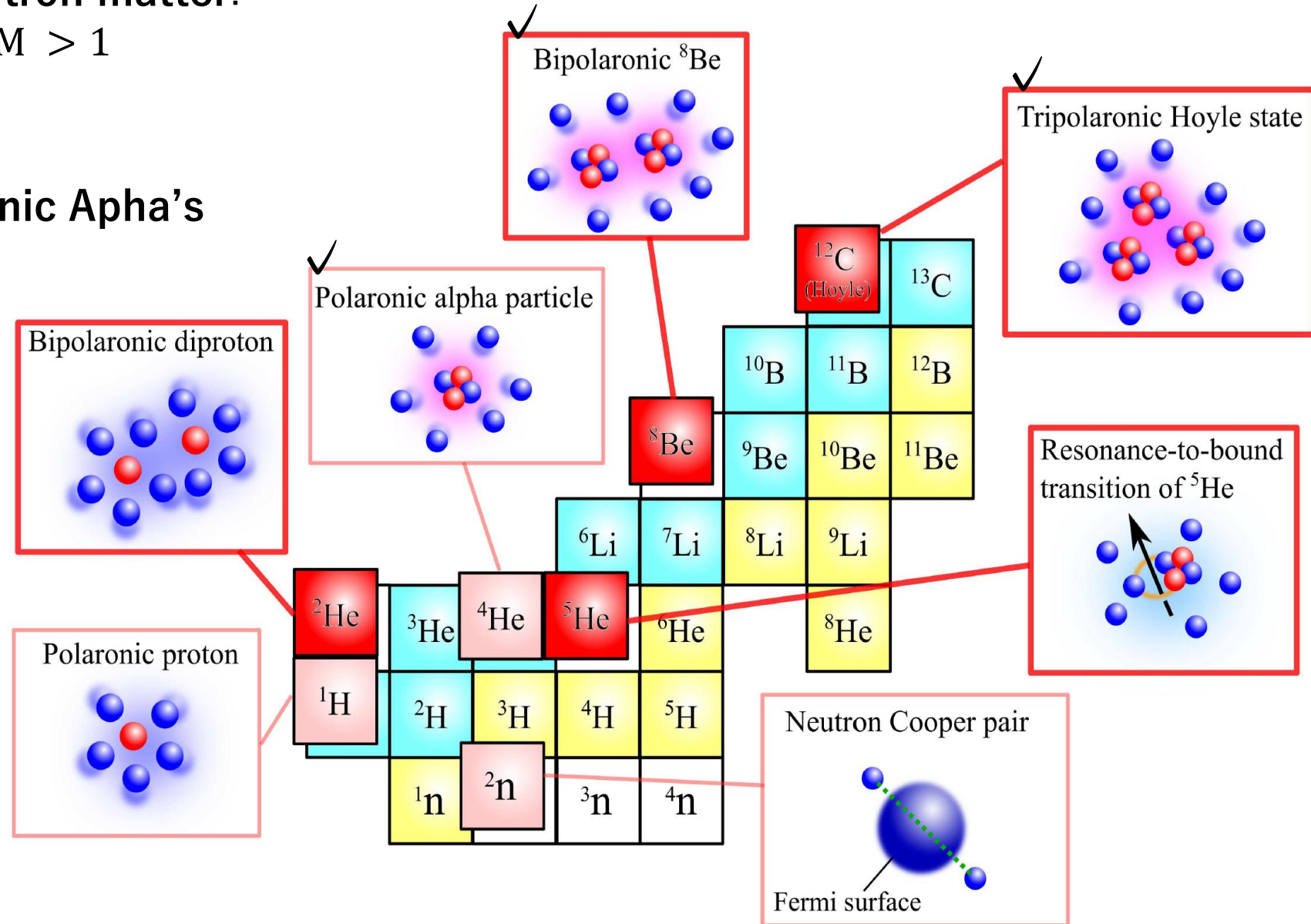
^8Be and $^{12}\text{C}^*$ (Hoyle state)

become **bound in medium**

due to $V_{\text{eff}}^{(2)}$, $V_{\text{eff}}^{(3)}$, and M^*

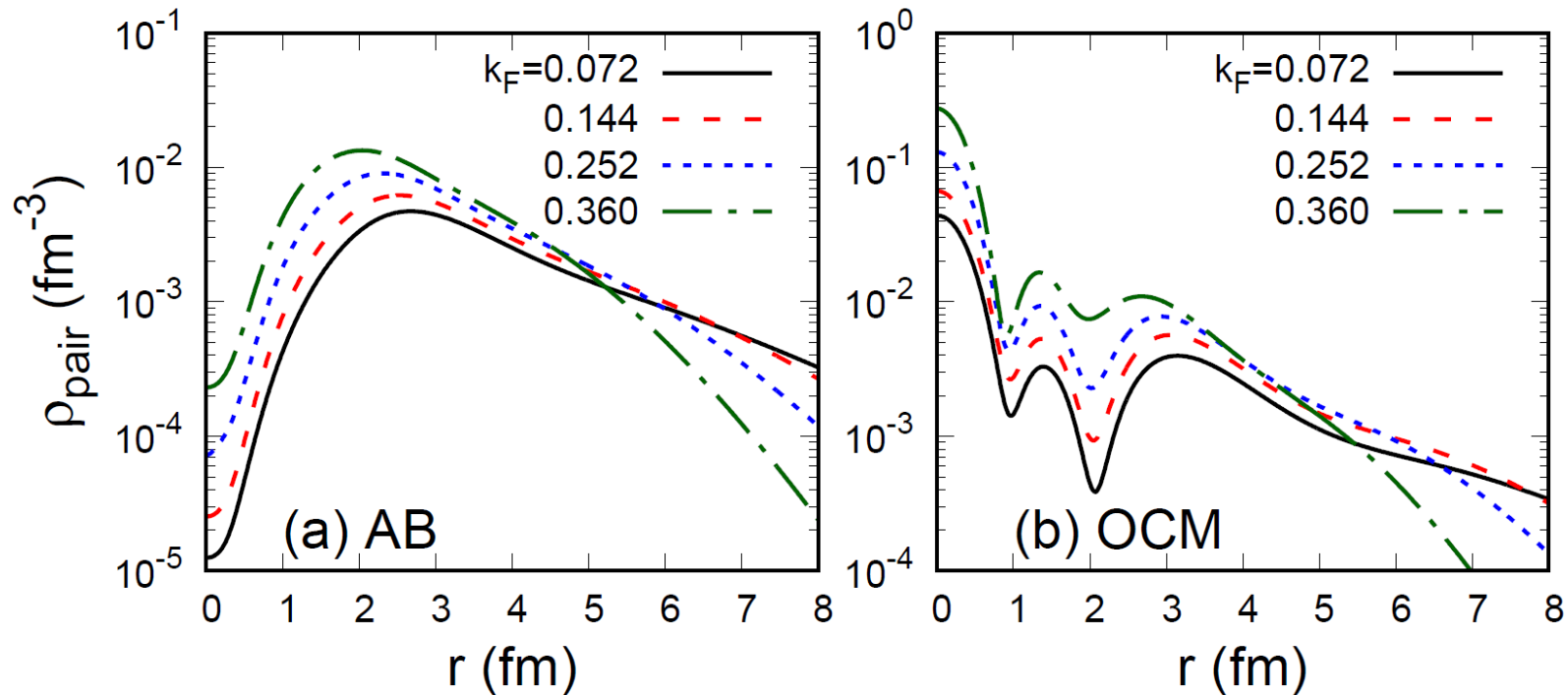
⇒ Nuclear chart modified

in cold dilute neutron matter



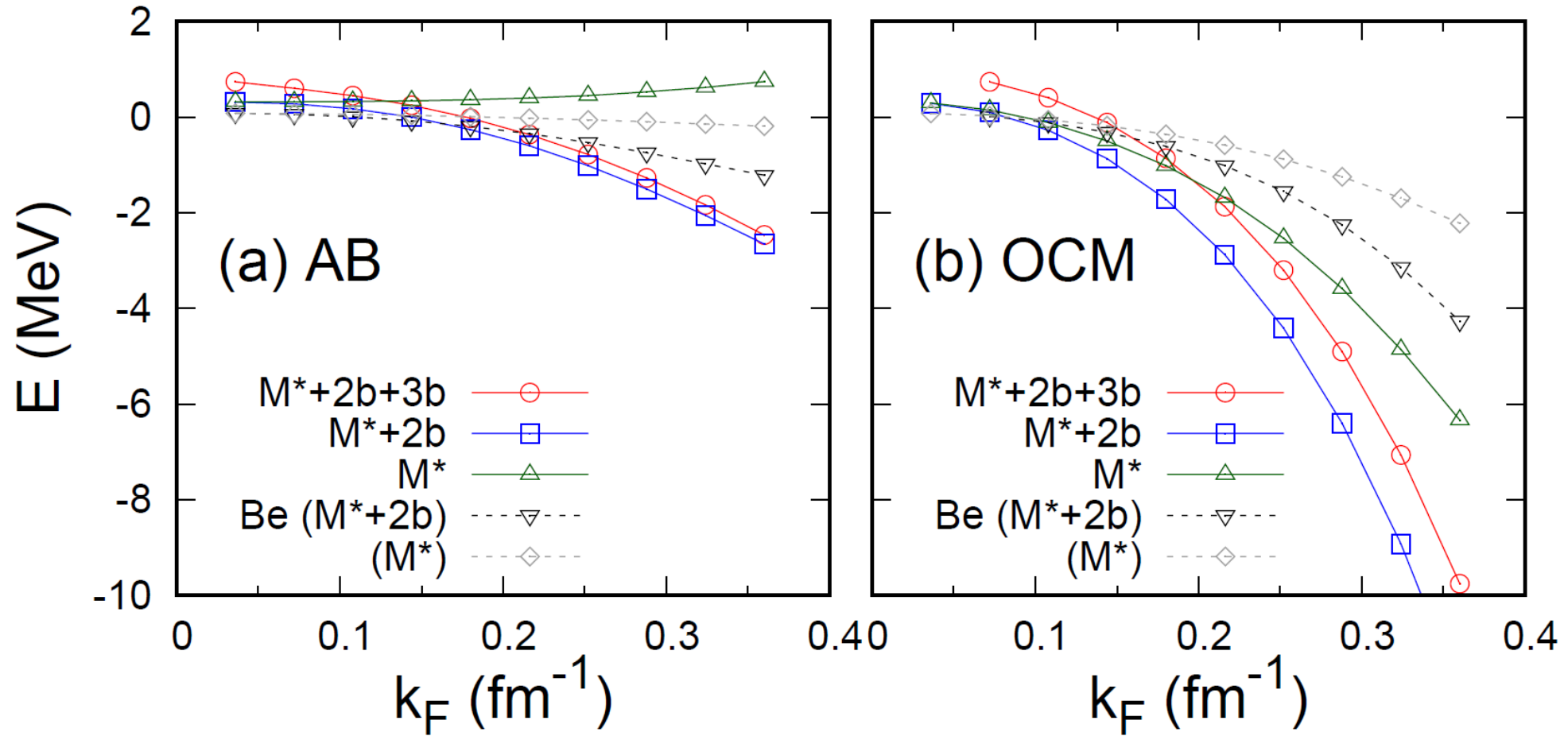
Pair correlation in three Alpha system :

$$\rho_{\text{pair}}(r) = \left\langle \frac{\delta(|\mathbf{r}_1 - \mathbf{r}_2| - r)}{4\pi r^2} \right\rangle$$



OCM more concentrated in short range region
 \Rightarrow **Shrinkage of Two-body wave functions**

結果：2体、2体アルファのエネルギー vs 中性子フェルミ運動量



考察： M^* は k_F と10%~20%増加 \Rightarrow ゆらぎ抑制局在化 \Rightarrow 浅いABより近距離引力のOCMで束縛しやすくなる傾向。媒質効果をフルに入れると、2モデルとも $k_F \sim 0.1 \text{ fm}^{-1}$ くらいで束縛。

数値計算：入力パラメータ

- Scattering length from alpha-neutron Low energy scattering

H. Kanada, T. Kaneko, S. Nagata, and M. Nomoto, Prog. Theor. Phys. **61**, 1327 (1979).

Reproduce the experimental phase shift by 堀内

散乱長： $a_{\text{ref}} = 2.64 \text{ fm}$ 有効レンジ： $r_0 = 1.43 \text{ fm}$
(repulsive branch)

- 中性子物質の密度 (~ supernova core, < neutron skin of heavy nuclei)

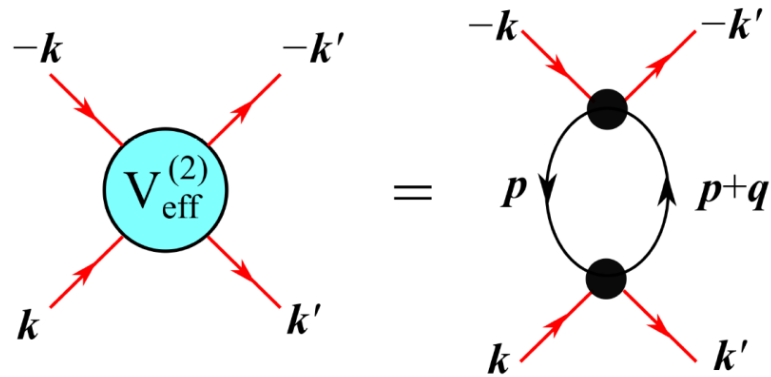
$$\rho_{\text{ref}} = 0.01 \rho_0 \quad \rho_0 = 0.16 \text{ fm}^{-3} \text{ is the normal nuclear density.}$$

$$a_{\text{ref}} k_{F_{\text{ref}}} = 0.95 \simeq 1, \quad r_0 k_{F_{\text{ref}}} = 0.51$$

強結合領域への入り口

⑥ 中性子媒質に誘起されるアルファ粒子間有効相互作用

中性子 1 ループ媒介の 2 アルファ粒子間有効相互作用



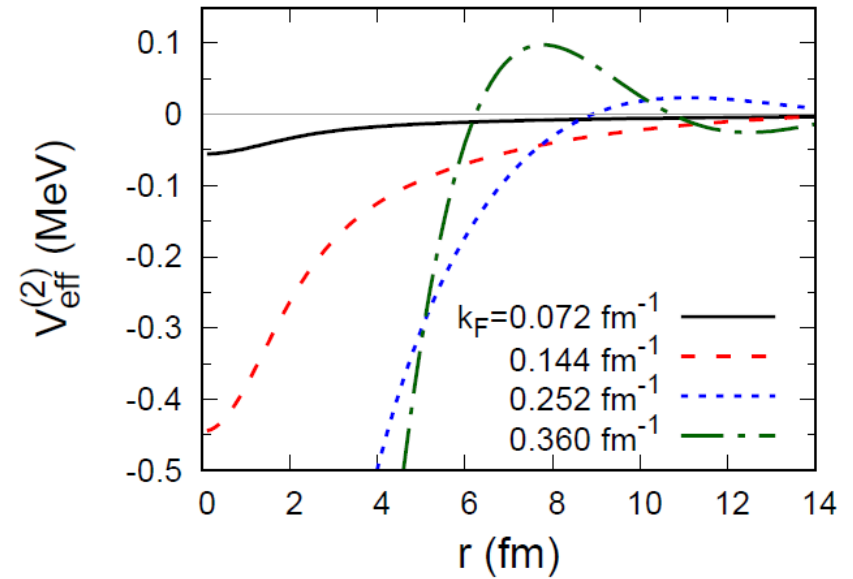
$$V_{\text{eff}}^{(2)}(\mathbf{q}, i\nu_\ell) = - \left(\frac{2\pi\hbar^2 a}{m_r} \right)^2 \times T \sum_{\sigma=\uparrow,\downarrow} \sum_{\mathbf{p}, \omega_n} G_\sigma(\mathbf{p} + \mathbf{q}, i\omega_n + i\nu_\ell) G_\sigma(\mathbf{p}, i\omega_n),$$

フーリエ逆変換

$$V_{\text{eff}}^{(2)}(\mathbf{q}, 0) = - \frac{mk_F}{2\pi^2\hbar^2} \left(\frac{2\pi\hbar^2 a}{m_r} \right)^2 \times \left[1 + \frac{k_F}{q} \left(1 - \frac{q^2}{4k_F^2} \right) \ln \left| \frac{q + 2k_F}{q - 2k_F} \right| \right].$$



$$V_{\text{eff}}^{(2)}(\mathbf{r}_1, \mathbf{r}_2) = \frac{m}{8\pi^3\hbar^2} \left(\frac{2\pi\hbar^2 a}{m_r} \right)^2 \times \frac{(2k_F r) \cos(2k_F r) - \sin(2k_F r)}{r^4},$$



RKKY相互作用と同じ形

中性子 1 ループ媒介の 3 アルファ粒子間有効相互作用

(b)

$$V_{\text{eff}}^{(3)}(\mathbf{k}, \mathbf{q}, i\nu_\ell, i\nu_u) = 2 \left(\frac{2\pi\hbar^2 a}{m_r} \right)^3$$

$$\times T \sum_{\sigma=\uparrow,\downarrow} \sum_{\mathbf{p}, \omega_n} G_\sigma(\mathbf{p}, i\omega_n) G_\sigma(\mathbf{p} + \mathbf{k} + \mathbf{q}/2, i\omega_n + i\nu_\ell)$$

$$\times G_\sigma(\mathbf{p} + \mathbf{k} - \mathbf{q}/2, i\omega_n + i\nu_\ell - i\nu_u), \quad ($$

$$V_{\text{eff}}^{(3)}(\mathbf{r}_1, \mathbf{r}_2, \mathbf{r}_3) = \sum_{\mathbf{k}, \mathbf{q}} V_{\text{eff}}^{(3)}(\mathbf{k}, \mathbf{q}, 0, 0) e^{-i\mathbf{k}\cdot\mathbf{x}_1 + i\mathbf{q}\cdot\mathbf{x}_2}$$

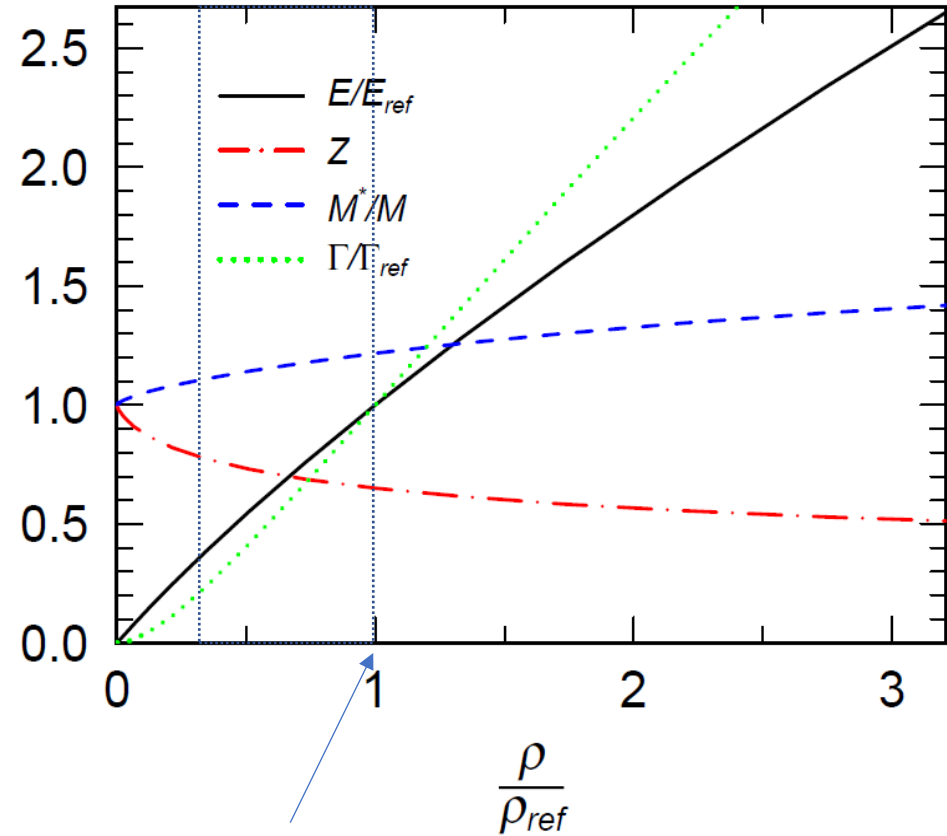
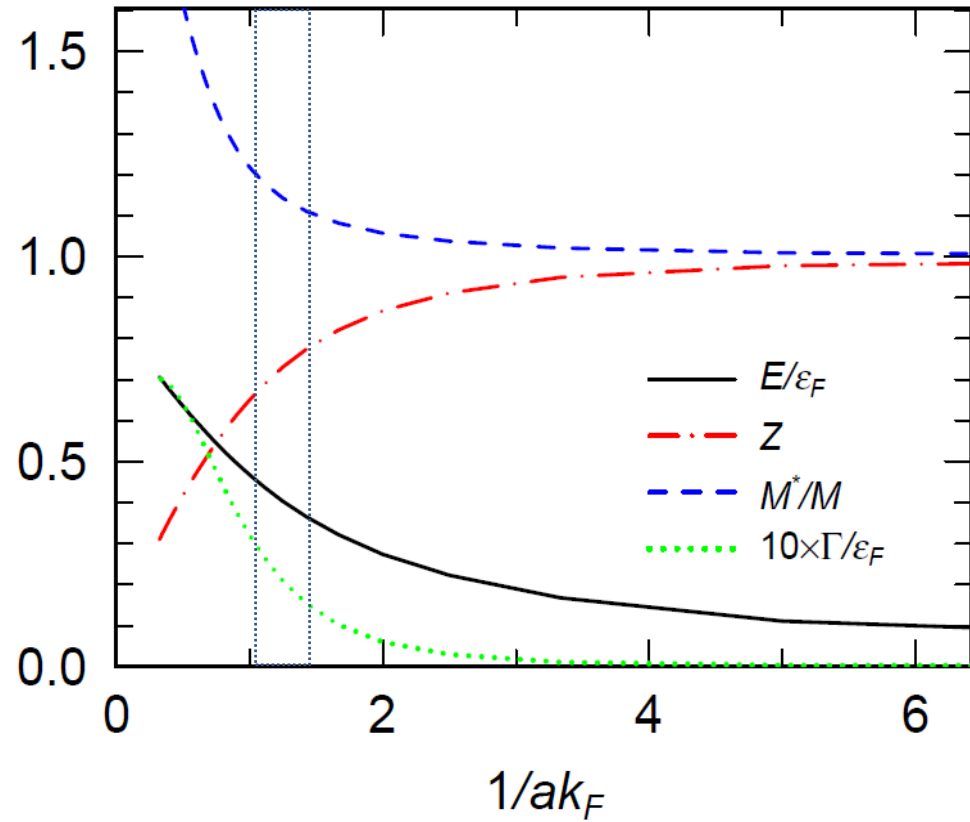
今回は、簡単のため 3 体相互作用の空間構造を無視して、 $V^{(3)}(0,0,0,0)$ として、熱力学的ポテンシャルの 3 体パラメタで見積もる： $-P = V^{(3)}(0,0,0,0)n_\alpha^3$



$$V_{\text{eff}}^{(3)}(\mathbf{r}_1, \mathbf{r}_2, \mathbf{r}_3) = \frac{m^2}{\pi^2 \hbar^4 k_F} \left(\frac{2\pi\hbar^2 a}{m_r} \right)^3 \delta(\mathbf{x}_1) \delta(\mathbf{x}_2)$$

where $\mathbf{x}_1 = \mathbf{r}_1 - \mathbf{r}_2$ and $\mathbf{x}_2 = \mathbf{r}_3 - (\mathbf{r}_1 + \mathbf{r}_2)/2$

数値計算 2 無次元散乱パラメタと中性子密度への依存性



中性子密度： $\rho=0.003\sim 0.01 \rho_0$ (縦破線範囲)

通常核密度： $\rho_0 = 0.16 \text{ fm}^{-3}$

- E : 静止エネルギー < 1.26 MeV
- Z : 留数 > 0.65
- M^*/M : 有効質量比 1.1 ~ 1.2
- Γ : 崩壊幅 < 0.0086 MeV

⇒ α 粒子の準粒子描像、悪くない。